

Sunrise Montessori School Newsletter

Volume 33 Issue 10

October 2011



Birthdays

The following children are celebrating birthdays in the month of October:

Anna Wright	10-01	Liliana Fendell	10-24
Quinn Osborn	10-04	Dominick Santalucia	10-24
Roneel Rathod	10-12	Ian Bond	10-25
Adelina Waxman	10-15	Belle Bleet	10-26
Taylor Vestal	10-20	Lucille Christensen	10-29
Austin Keen	10-21	Colin Lavigne	10-30

Please send in pictures of each year of your preschool or kindergarten child's life either on his/her birthday or on the school day closest to the birthday and we will have a special birthday ceremony at school. Each child will receive a birthday crown. For the elementary students, please send in a photo from each year that can be used to make a birthday book. (These photos will NOT be returned. Scanned photos are okay.)
REMEMBER: No special birthday treats.



Elementary Studies

In October, the 1st, 2nd, and 3rd year students of the elementary class will be studying the five senses, magnetic elements, pumpkin cycle, fractions, Christopher Columbus, Africa, science experiments, time, parts of speech, planet research, and paragraph writing. The 4th & 5th years will study multiples, circles, skeletal system, writing process, bacteria, and elements of literature and Ancient Egypt/Samaria. The class is reading *Miss Piggle Wiggle* by Betty MacDonald.



Preschool & Kindergarten Studies

In October, the preschool and kindergarten will be studying the body (skeleton, too), dinosaurs, pumpkins, spiders, and North America.



Toddler Happenings

In October, the toddler classes will be working with materials emphasizing autumn, the changing colors in fall, Halloween, and dinosaurs.



Art

The elementary students are studying the following in art:

1st years: In art history, finishing cave paintings and intro to Mesopotamian art. In creating art, intro to shape collage with symmetrical balance.

2nd years: In art history, review projects and intro to Early Jewish, Christian, and Byzantine art. In creating art, finishing mythological creature and intro to landscape shape collage using rhythm.

3rd years: In art history, review projects and intro to Northern Renaissance artists. In creating art, finishing still life and intro to shape paper weaving collage with movement.

4th, 5th and 6th years: In creating art, finishing abstract line illusions, and intro to painting still life using shapes and patterns. In art history, 4th years are finishing art history review projects and intro to Baroque artists. 5th and 6th years are finishing art history review projects and independent artist studies.



COLUMBUS Columbus Day

On Monday, October 10th, there will be no school and no Mother's Day out.

Happy 
Halloween



Physical Education for October

In PE, the preschool, kindergarten, and elementary children learn physical activities in a playful, but structured setting. Preschoolers and kindergarteners will practice catching different types of balls, learn to throw correctly overhand, underhand, and push, play the ring game, learn Frisbee throw, practice t-ball, run races, hit balls, and play a simplified t-ball game. Elementary will be practicing bar exercises and playing ultimate Frisbee. The elementary will also be starting baseball, base relay race, homerun derby, hit and field, and simplified games.

*Elementary can bring baseball gloves if they have one.

Please remember to send your preschool, kindergarten, and elementary child in comfortable tennis shoes on P.E. days. Remember to wear your Sunrise t-shirts on P.E. days. **PLEASE – NO CROCS OR FLIP FLOPS!**

North Campus: Tuesday – All Elementary

*except second grade girls

Wednesday – Kindergarten

All Preschool

Second grade girls

South Campus: Friday - all preschool & Kindergarten

Elementary: Please bring a baseball glove, if you have one!



SCHOOL Needs

PreSchool & Kindergarten NORTH:

- PUMPKINS
- decorative GOURDS
- PLASTIC outdoor picnic tables

PreSchool & Kindergarten SOUTH:

- PUMPKINS (MEDIUM & SMALL)
- UNSCENTED SHAVING CREAM
- bread for bread SLICING

Elementary:

- SMALL PUMPKINS
- CD player
- HEADPHONES
- COFFEE GRINDER (MANUAL)

Toddler (SOUTH):

- DINOSAURS
- BOOKS ON tape



Child Health Day

October 3rd is Child Health Day, a nationwide initiative to raise awareness about children's health. Americans are asked to take family pledges: 1) sharing a healthy breakfast; 2) engaging in physical activities; 3) stopping smoking in children's presence; 4) using car seats, seat belts, bike helmets, & sunscreen; 5) teaching them to take good care of their teeth. For more information on how you can get involved, visit the American Health Foundation's website at <http://www.ahf.org>



School Pictures

On October 4th, 5th, and 6th, Rick Mueller will be taking school pictures. On Tuesday, October 4th, all toddler, preschool, and kindergarten classes will have their photos taken at the south campus. On Wednesday, October 5th, all toddler and preschool classes will have their photos taken at the north campus. (The elementary will also take their class photo on Wednesday). On Thursday, October 6th, the kindergarten and elementary classes at the north campus will have their photos taken. Please remember to turn in your order form **whether you are ordering pictures or not**, so that we can make sure everyone who wanted a picture taken will get one. An envelope was sent home last week. Extra envelopes are available in the school office.



Photo Helpers

The following parents have volunteered to help with picture day:

South	Tuesday	Julia Wright
North	Wednesday	Barb Bajpai, Angie Casey



Fire Prevention Week

The week of October 9th through October 13th is fire prevention week.

Here are some fire safety tips:

- Make sure your child always stays at least 3 feet away from the stove.
- Have chimneys checked at least once a year.
- Keep space heaters at least 3 feet away from walls, furniture, kids, & pets. Turn them off at night and whenever adults cannot monitor them.
- Create and/or review an escape plan with your family that includes 2 ways out of every room & an outside meeting place.



PSG October Meeting

The Parent Support Group will hold the October meeting at 6:00 PM on Wednesday, October 12th at the south campus. Childcare will be provided. Please get involved with the decisions and events that take place throughout the year. The PSG hosts events which raise funds for our children's education as well as bringing all of our families together. For those planning ahead, November's meeting will be held on Wednesday, November 9th at 6:00 PM at the north campus.



Kindergarten Cooking Day

The kindergarteners at the north campus will cook on Wednesday, October 12th. The south campus Kindergarten class will participate in cooking day on Thursday, October 13th. Kindergarten parent volunteers are needed to help with cooking day. Please mark your response form if you can help.





October Family Night

In October, the teachers will host a family night at the school. This is an evening for your child to bring family or special friends to see the classroom and the work they are doing. The north campus family night will be Thursday, October 13th from 5:30-7:00. The south campus family night will be Thursday, October 20th from 5:30-7:00. Parent-Teacher conferences will at the end of October so this is a great time to see the classroom before you meet with your child's teachers.



Kindergarten Art

The kindergarteners at the north campus will be doing art this month with Betty Jo on Monday, October 17th. The south campus will join Betty Jo on Tuesday, October 18th.



Elementary Pizza Lunch

Elementary pizza lunch day is Friday, October 21st. If your child is participating in pizza days they do NOT need to bring a lunch to school on that day. Pizza and juice will be served.



Petting Zoo Visits

The school has invited a petting zoo to come to our school and bring a llama, rabbits, a goat, chickens, and more. They will be at the south campus on Monday, October 24th at 10:00 AM. On Tuesday, October 25th, the north campus will get visitors at 10:00 AM. All PM preschool students may attend the AM preschool on this day.



HOMEROOM CHAIRPEOPLE

OUR HOMEROOM CHAIRPEOPLE (FROM THE PARENT HELPER FORM) FOR THE HALLOWEEN CELEBRATIONS ARE:

TODDLER (SOUTH)	LISA STRUCK
ALL PRESCHOOL (SOUTH)	FAWN LARSON
KINDERGARTEN (SOUTH)	ALYSSA EISELE
TODDLER (NORTH)	DAWN WOOD
ALL PRESCHOOL (NORTH)	RACHAEL SCHEPEMAKER
KINDERGARTEN (NORTH)	HEATHER ELWOOD
ELEMENTARY	JOANNE KNOX

PARENTS NOT HELPING WITH THE CELEBRATION ARE INVITED TO GATHER AT THE PICNIC TABLES (SOUTH CAMPUS) AND THE LOBBY (NORTH CAMPUS). TOO MANY ADULTS IN THE CLASSROOMS ARE DISTRACTING AND DISRUPTIVE TO THE CHILDREN.



Halloween Celebrations

Elementary	8:45 AM – 10:15 AM
All Toddler, All Preschool North	9:00 AM – 10:00 AM
Kindergarten North	9:00 AM – 10:00 AM
All Toddler & All Preschool South	9:00 AM – 10:00 AM
Kindergarten South	9:00 AM – 10:00 AM

On Wednesday, October 26th, all classes will enjoy their Halloween celebrations. We will have a special schedule for this special day. Please make a note of it. There will be no regular school or Mother's Day Out that day. Have your children wear their costume to school. Because the children come in their costumes, we have the children only come for an hour. This gives them plenty of time to show their friends their costumes, have a snack, and play some games.

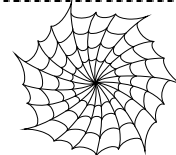
Because children younger than six have trouble distinguishing between fantasy and reality, we request your cooperation in having the children wear realistic costumes. Some costume suggestions are farmer, nurse, any animal, cheerleader, queen, etc. We ask that the children not wear scary costumes as we have had children in the past get scared and experience nightmares. We especially request no Power Rangers, Pokemon, or Superheroes. We want this celebration to be a pleasant experience for all the children. Several non-scary costume ideas for preschoolers and toddlers are available in the office. Some children are allergic to various food items (red dye, dairy, nuts), so PLEASE, PLEASE, PLEASE, DO NOT SEND IN CANDY OR TREATS!



Overdose of Halloween Candy



The best way to treat an overdose of Halloween candy: If kids have stomachaches from overindulgence, hand them a carbonated drink, such as ginger ale, suggest pediatricians. The bubbles will bring on burping - which, for children anyway, spells relief better than antacids do.



HALLOWEEN



Why Young Children Get Scared!

For some children, Halloween is not just festivities and treats, but filled with fears and anxieties. Adults often underestimate how scary the world can be for the typical child. These fears are rooted in a child's growing awareness of the world around him and his own separateness from his parents. Fears can take many forms, from thunder and lightning to witches, monsters, and clowns. It may be the neighborhood dog or a fireworks show that scares a young child. With a child's increasing autonomy, comes insecurity, particularly as the child becomes more conscious of his own size and place in the world. A typical young child is beginning to see how vulnerable he is because he is so small and relatively powerless. To compensate for their feelings of vulnerability, young children need to feel in control and know what will be happening next. Experts agree that a fear is most likely to go away on its own if you do not make a big deal about it. Perhaps you could avoid putting children in positions where they may encounter some of their fears. As maturity develops, these fears will wane. If your child is afraid of something that cannot be avoided (like the neighborhood dog), you might have to help him master his fear. Giving your child words to name the fear and his feelings will help him feel more in control. You may read a book about dogs or visit a playful puppy in a pet store. The more active the coping strategy, the better, since it involves your child in the solution. If you see that your child's fear is growing more intense over time and interfering with regular activities, consult your pediatrician. A child's fears may be related to something more serious that is happening in his life. Rest assured that fear is a normal part of every child's life. If you take a relaxed and respectful approach, you will find that your child's fear will become memories.

From the Family Connection News



Parent Teacher Conferences

On Thursday, October 27th and Friday, October 28th, the teachers will be meeting with parents concerning their child's progress. Each conference will be 15 minutes in length. Please be prompt in arriving for your appointment. Also, please be considerate of those parents with appointments after yours and take only your allotted 15 minutes. If you do not have time during your conference to have all your questions answered, please feel free to schedule an observation or to set up another appointment for a different time. Childcare will be provided. Please do not leave your children on the playground unattended.

We will begin scheduling conferences on Monday, October 17th. We look forward to seeing all of you and sharing with you how wonderful your children are and how much we enjoy teaching them.

No school or Mother's Day Out on Thursday, October 27th or Friday, October 28th.

Parent Observations

We encourage parents to observe their children in the classroom at any time. An observation just prior to conference time may be helpful to formulate questions for your child's teacher. Please call the office to schedule an observation. We request only two parents observe at any one time.



Show and Tell

When the children bring in treasures to share, please make sure they pertain to the current studies and are not toys. Thanks!

Thank you!

South Campus

The Blest family for

felt and straws

The McLehlan family for

book on tape and puffy paint

The Wolcott family for

book on tape and felt

North Campus

The Fortini family for

boxes of books

The Keen family for

extra wipes

The Silliman family for

envelopes, cut straws, sharpies, fish food & fabric for the preschool/kindergarten class

Dave Souder for

T-shirts for preschool/kindergarten classroom project

Lihua Wu for

helping with kindergarten cooking day

All field trip drivers

THANK YOU!!!!!!

All families for

*Donating box tops and ink cartridges
Every little bit helps!*



**To the Edwards Family
on the birth of Miriam**

**"Be the change you want to see in the world."
Mahatma Gandhi**



Monthly Calendar

Please check the monthly calendar and note days with no school, special events, field trips, etc.



Kindergarten Eye Exams

All children of kindergarten age (5 & 6) should visit the eye doctor for a complete eye exam. When the children begin doing more advanced work, eye problems may become apparent.



Parent Articles

Each month, information about the Montessori method of education will be included in the newsletter. This month articles are about "Montessori's Planes of Development".



Boxtops

Keep saving your General Mills box tops. Remember, every box top you send in is **FREE** money for the school.



Fry's Cards

Please continue to use your Fry's card linked to the school's bar code and give the bar code to friends, neighbors, and family members. This will help the PSG and your child's school! Last year we received \$1500 from Fry's.



Like us on Facebook!!

The school now has a facebook page. This is a great way to keep up with what is happening at school and a reminder of upcoming events. You can find us at

www.facebook.com/Sunrise.Montessori.School



Yearbook Needs

The yearbook staff needs help with the following:

- General volunteers to take photos at events.
- If parents take photos at school, could you please email copies or get a CD made to donate to the school for the yearbook?
- Digital photos of field trips, classroom activities, events.
- Volunteers to join the yearbook committee.



National Depression Screening Day

Thursday, October 6th, is National Depression Screening Day.

To find a screening facility near you, call 1-800-242-2211.

Common signs of depression are:

- Persistent sad, anxious, or "empty" mood
- Difficulty sleeping
- Changes in appetite
- Loss of pleasure in activities that were once enjoyable
- Sometimes difficulty concentrating
- Feelings of helplessness, hopelessness, or guilt
- May have thoughts of death or suicide



World Food Day



October 16th, is a worldwide event designed to increase awareness, understanding, and information about year-around action to alleviate hunger. For more information, visit the World Food Day website at

www.worldfooddayusa.org



Cartridges for Sunrise Montessori School

We have had an awesome response from all of you sending in your cartridges! Thank you! Help us continue to raise funds for the PSG by donating empty printer cartridges to Sunrise Montessori School. The school can get cash for empty inkjet, laser, fax, and copier cartridges. Here is all you need to do:

- bring in empty cartridges to school
- ask your employer to sponsor the school by saving their empty cartridges

Questions? Call Angie Casey at (623) 594-6758.



Fall Picnic

Our annual school picnic will be Sunday, November 6th from 1:00 to 4:00 PM!! It will be held at Rio Vista Community Park. This park is located at 8866 W.

Thunderbird. A flyer will be sent home explaining the details and letting everyone know what to bring. There will also be a map of the park delineating the location of the ramadas for the picnic. The school will supply the hot dogs, hamburgers, and buns. We are anticipating a great turnout for this event!



\$ Great News for Arizona Taxpayers

The Arizona state tax credit law allows you to assign up to \$1000 for a married couple of your state taxes to the Arizona Scholarship Fund and receive a dollar-for-dollar tax credit on your Arizona state income tax.

Important facts to know:

- The private school tax credit is constitutional.
- Your check must be made payable to the Arizona Scholarship Fund, a separate 501C (3) entity set up to receive tax credit funds.
- Your check must be received by December 31, 2010, in order to qualify for a 2010 Arizona income tax credit.
- Assigned funds need not be made in one lump sum, but can be made throughout the tax year.

We have several students attending our kindergarten and elementary whose parents have gotten friends and relatives to use this tax credit to pay for their child's tuition.

For more information, please contact the Arizona Scholarship Fund at P.O. Box 2576 Mesa, AZ 85214-2576 or at 480.497.4564 or on the web at www.AZscholarships.org



Clothing Reminder

Please send your child to school in clothes they can take on and off by themselves when they go to the bathroom.



Operation Christmas Child

Every Christmas season, the staff, parents, and children of Surprise Montessori School undertake a project of giving to those less fortunate. Again this year, the Elementary has chosen to help Operation Christmas Child. Operation Christmas Child brings joy and hope to children in desperate situations around the world through gift-filled shoe boxes. Families gather items small enough to fit into a shoebox, put them in a shoebox, and send them into school. Or you can donate items to fill a shoe box and the elementary class will fill the shoebox. Or you can donate money and the elementary will shop for the shoebox items and fill the shoebox. More information is included in this newsletter about this project. This should be an enjoyable project for the children to help another child. All shoeboxes, items, and/or money must be at the school no later than November 11th, 2011.



Trick or Treat!



Keeping Kids Safe on Halloween

Halloween can be a pretty scary holiday for children. Besides the witches, ghosts and monsters, accidents and mishaps increase dramatically when children trick-or-treat. To avoid dangers use common sense- be aware of potential Halloween hazards and take precautions to eliminate them. Here are some tips to help you and your family enjoy Halloween safely.

One of the most exciting things for kids about Halloween is picking out costumes. Here are some suggestions to keep in mind when buying or making that perfect costume:

- Wear flame-retardant costumes, wigs and accessories
- Make sure any make-up is hypoallergenic and non-toxic
- Secure emergency identification (name, address, phone number) discreetly within Halloween attire or on a bracelet.
- Plan costumes that are bright and reflective. Make sure that shoes fit well and that costumes are short enough to prevent tripping.

Get your kids involved in decorating for Halloween, but be aware of some possible dangers:

- Consider fire safety when putting up decorations-- Don't block exits or overload electrical outlets with lighting and eliminate tripping hazards on your porch and walkway for trick-or-treaters.
- Always keep Jack O' Lanterns and electric lamps away from curtains and decorations or areas where children and pets will be.
- While kids can help with the fun of designing a Jack O' Lantern, leave the carving to adults.
- Prepare household pets for an evening of strange sights and sounds. Be sure that all dogs and cats are wearing collars and proper identification tags.

Here are a few tips to keep in mind when your kids are getting ready for trick-or-treating:

- A good meal prior to parties and trick-or-treating will discourage your kids from filling up on Halloween treats.
- A parent or responsible adult should always accompany young children on their neighborhood rounds.

- Teach children their home phone number and to how call 9-1-1 if they have an emergency or get lost.
- Agree on a specific time when your kids are expected home.
- Help your children plan their route ahead of time.

Be sure to go over with your kids these important safety tips for trick-or-treating:

- Stay in a group and always walk.
- Only trick-or-treat in well known neighborhoods. Remain on well-lit streets and only approach homes with some kind of porch light on.
- Never enter a stranger's home or car for a treat.
- Do not cut across yards or use alleys. Only cross the street as a group and take off any mask that might limit eyesight before crossing.
- Don't eat unwrapped food items or open beverages offered.
- Respect other people and their property.
- Be polite and say "thank-you" for those Halloween goodies.

Suggestions for after trick-or-treating:

- Wait until children are home to sort and check treats. Though tampering is rare, you should examine candy and throw away any spoiled or suspicious items.
- Try to apportion treats for the days following Halloween.
- Make sure items that can cause choking (such as hard candies), are given only to kids of an appropriate age.

If your children are too young for trick-or-treating, or if you'd rather have them spend the night indoors, here are some fun Halloween alternatives:

- Find a special event or start one in your own neighborhood. Community centers, malls and houses of worship may have organized activities.
- Consider having a party instead of Trick or Treating.

OCTOBER RESPONSE FORM

_____ Yes, I have made a note on my calendar that there is no regular school or Mother's Day Out on October 10th, October 26th, October 27th, and October 28th.

_____ Yes, I have made a note on my calendar of the dates of school pictures.
Tuesday, October 4th – south campus all classes
Wednesday, October 5th – north campus preschool and toddler
Thursday, October 6th – north campus kindergarten and elementary

_____ Yes, I will be attending the PSG meeting on Wednesday, October 12th at 6:00PM.
I will need child care for _____ children.

_____ Yes, I can help with kindergarten cooking day.
_____ North on Wednesday, October 12th
_____ South on Thursday, October 13th

_____ Yes, I will be attending Family Night
_____ Thursday, October 13th at North Campus
_____ Thursday, October 20th at South Campus

_____ Yes, I am using my Fry's bar code!

_____ Yes, I am interested in helping with the Yearbook

_____ Yes, I have "liked" Sunrise Montessori on Facebook!!

Name: _____ Phone () _____

Email: _____

**REMEMBER TO SIGN UP FOR A PARENT-TEACHER CONFERENCE STARTING
MONDAY, OCTOBER 17th!**

