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# Sunrise Montessori School Newsletter

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## Birthdays

When it is your preschool or kindergarten child's birthday, please send in a picture of each year of your child's life on his/her birthday or on the school day closest to his/her birthday. Each toddler, preschool, and kindergarten child will receive a birthday crown. Elementary students will need a photo from each year of their life for their birthday books. These photos can be copies or printed on a color printer (they will not be returned). We are celebrating the following birthdays in September:

Ryan Beebe	9-03	Connor Pfafman	9-18
Grant Duff	9-04	Elaina Senger	9-20
Tristan Beckett	9-07	Jacob Knox	9-22
Dakota Brown	9-14	Vijay Patel	9-25
Madison Beebe	9-15		

PLEASE do not send in special birthday snacks or treats.



## Toddler Happenings

The toddlers will be working with farm animals, fruits and vegetables, music, and Spanish.



## Toddler Requests

Please send in extra diapers and a container of wipes for your child, if you have not already. Also, please send in a change of clothes, including socks, in a **labeled** Ziploc bag. It is **extremely** important for your toddler to wear clothes he can manage himself while he is potty training. Also, please do not send your child to school wearing flip flops. They cause the children to trip and they do not stay on their feet. If your child wears flip flops to school, we will gently remind you how dangerous they can be.



## Preschool/Kindergarten

### Happenings

For the month of September, the children in preschool/kindergarten classes will add the study of school safety, apples, the solar system, and friendships to everything already listed in the August newsletter.



## Elementary Studies

The lower elementary (grades first through third) will be studying, parts of the leaf, composition of the sun and earth, nutrition, vitamins and minerals, Africa, and the solar system. The upper elementary (grades fourth through sixth) will be studying U.S. geography, digestive system, long division, sentence analysis, and Ancient China and India.

All classes will be studying apples, Johnny Appleseed, and routines of the classroom.

The elementary will be reading Miss Piggle Wiggle by Betty MacDonald.



## Labor Day- No School

There will be no school or Mothers' Day Out on Monday, September 5<sup>th</sup> in observance of Labor Day.





## Elementary Art Studies



In September, the elementary children will be studying the following:

1<sup>st</sup> years - Art History: Intro to prehistoric art  
 Creating Art: Intro to line and pattern in fish painting

2<sup>nd</sup> years - Art History: review of prehistoric art through ancient Roman art  
 Creating Art: Line and pattern in a mythological creature drawing

3<sup>rd</sup> years - Art History: Review prehistoric through Gothic Art  
 Creating Art: Line and asymmetrical balance in still life drawing

4<sup>th</sup>, 5<sup>th</sup>, & 6<sup>th</sup> years - Art history: Review of Prehistoric through Renaissance art  
 Creating Art: Line and movement in an abstract drawing

Art History will be on Mondays and Creating Art on Fridays. Also, all Elementary classes will create a 5 to 10 minute drawing from life once a month.



## Physical Education



Please send your children to school in comfortable clothes (that may get dirty or grass stained) and low-heeled tennis shoes. **PLEASE – NO CROCS OR FLIP FLOPS!** To insure that the children are both comfortable and safe, please send them prepared for PE. Please have your child wear his Sunrise Montessori t-shirt on PE day.

**North Campus: Tuesday – Toddlers**

**Elementary Boys**

**Elementary Girls (Except Second grade)**

**Wednesday – All Preschool**

**Kindergarten**

**Second grade elementary girls**

**South Campus: Friday - all toddler, preschool & kindergarten**

In September, the preschool and kindergarten children will run, jump, skip & crawl. They will play indoor games of hot potato, wheelbarrow races, & throw & catch bean bags. They will do gymnastics with chin-ups, sit-ups, & balancing. The elementary will do warm-up exercises of running & relay races, small weights exercises, gymnastics using the bar, leapfrog, bar flips, & strength moves. They will play games of flag football, throwing, & catching.



## September Needs



### Elementary

- 🍏 CD player
- 🍏 headphones
- 🍏 apples for slicing
- 🍏 gel pens
- 🍏 playground balls

### North Preschool/Kindergarten

- 🍏 plastic picnic tables for outside
- 🍏 trampoline
- 🍏 potting soil
- 🍏 baseball card sleeves (6 or 7)

### South Preschool/Kindergarten

- 🍏 puffy paints

### South Toddler

- 🍏 books on tape
- 🍏 puffy paints



## Kindergarten Art

In September, the kindergarten children will be introduced to the element of line. The north campus kindergarten class will have art on Monday, September 12<sup>th</sup>. The south campus kindergarten will participate in art on Tuesday, September 13<sup>th</sup>. The kindergarten classes will have art once a month.



## Cooking Day

Once a month, the kindergarten class will make food. Please fill out the September response form at the end of this newsletter or talk to Olive or Marjorie if you can help. On Tuesday, September 20<sup>th</sup> the kindergarten at the north campus will experience their first cooking day. On Wednesday, September 21<sup>st</sup>, the south campus kindergarten will participate in cooking day. Please send in a lunch with your child on cooking days. Sometimes the children make their food after lunch as an afternoon snack. The elementary will not have specific cooking days. Rather, they will incorporate the cooking experience into classroom lessons.



### PSG Meeting

The September PSG meeting will be held Wednesday, **September 14<sup>th</sup>**, at 6:00PM at the **NORTH** campus. Child care will be provided. Please mark your response form at the end of this newsletter if you plan on attending.



### Kindergarten and Lower Elementary Field

#### Trip

The kindergarten, 1<sup>st</sup>, and 2<sup>nd</sup> years will be going to the Challenger Space Center to take a guided tour on Thursday, September 29<sup>th</sup>. A field trip permission form is included in this packet. Please fill it out and return it to school.



### Upper Elementary Field Trip

The 3<sup>rd</sup>, 4<sup>th</sup>, 5<sup>th</sup>, & 6<sup>th</sup> grade elementary students will be visiting the Musical Instrument Museum on Thursday, September 29<sup>th</sup>. The students will learn about the history of musical instruments. The field trip permission form is in this packet. Please fill out the permission form and return it to school no later than the date on the form.



### Field Trips

Every kindergarten and elementary student should have received an invoice for all field trips for the 2011/2012 school year. If your invoice has not been paid your child will not be allowed to attend the field trip.

Always return your permission form promptly. No child can attend a field trip without a signed permission form and a current blue emergency card.

We will always need drivers! Please consider driving on at least one field trip this year. Remember to wear your Sunrise t-shirts. Thanks!



### Elementary Pizza Fridays

On the last Friday of the month, unless otherwise noted on the monthly calendar, the elementary class will enjoy pizza for lunch. This month Pizza Friday is **September 30<sup>th</sup>**. An invoice for the cost of the pizza was in the information handed out at the elementary parent meeting.



### Reminders

Please remember to send in the following:

1. Change of LABELED clothing, including socks, in a labeled zip lock bag.
2. Supplies listed in the August newsletter.
3. Diapers & wipes for your toddler.
4. Do not send you child to school wearing flip-flops



### Labeled Clothing

Please remember to put your child's name in **all extra clothing, jackets, sweaters, etc. that your child wears to school**. Many times children have similar clothing and their clothing may get mixed up with someone else's clothing. Please put your child's name in the extra clothes you leave at the school in case of an accident.



### Blue Emergency Cards

Many thanks to all parents! We have 100% of our blue emergency cards into school!



### Sunscreen

Please remember to put sunscreen on your children before bringing them to school. Thanks!!





### Notes and \$ into School

Whenever you send a note, money, etc. into school, please send it in an envelope labeled with your name, date, amount, and what is in the envelope.



### Website

The newsletter, calendar, and snack calendar will be posted on the website each month --[www.sunrisemontessori.com](http://www.sunrisemontessori.com) If you have questions about the newsletter or website, please call the school office at 602.843.6053.



### Like us on Facebook!!

The school now has a facebook page. This is a great way to keep up with what is happening at school and a reminder of upcoming events. You can find us at

[www.facebook.com/Sunrise.Montessori.School](http://www.facebook.com/Sunrise.Montessori.School)



### Birthday Crowns

Thank you to the parents who have volunteered to make birthday crowns. Each parent will receive the birthday crown box the week before crowns are needed.



### Snack

The snack the children receive during class time is not meant to be a meal to replace either breakfast or lunch. It is only a snack, something to tide the children over from breakfast to lunch or from lunch to dinner.



### Elementary Carpool Reminder

Afternoon elementary carpool begins at 2:55pm and is finished at 3:10pm. Please ensure that you arrive before 3:10 to pick up your child from school.



### Carpool

The beginning of school always makes carpool run a little slower than usual. Thank you for your patience as we learn the cars and try to get your children into school or back into the car as quickly as possible. One way to help our carpool run smoothly is to **REMAIN IN YOUR CAR** while a staff member gets your child or children out of the carseat or puts them in at the end of class. Your cooperation is greatly appreciated!



### Lunch Contents

Congratulations parents! Your children's lunches have been healthy and delicious! Please make sure your child continues to bring a nutritious lunch to school. If you want your child to have a dessert after lunch, please save it for when your child returns home, maybe as an after school snack.

Schools all across the country are taking pledges to offer only nutritious food to their students at lunch time. All of our classes are studying about nutritious food and what is healthy for our bodies.

We appreciate your cooperation.



### Lunch Bags

Please put your child's name on their lunch bag. Also remember, we request lunches come in paper sacks or small nylon lunch bags. We have limited refrigerator space. Thanks!! The Parent Support Group is selling nylon lunch bags with the Sunrise Montessori logo. Many thanks to all the parents who have changed their children's lunch boxes to lunch bags. We appreciate it!!!





### Q t i n GgmXglkz# Hnki q

Potentially harmful bacteria may be lurking in your child's lunch bag, but there are simple steps you can take to reduce the risk of food poisoning. Ensure a hazard-free meal with these smart tips from Althea Zanecosky, R.D., spokesperson for the American Dietetic Association.

- ✓ **SCRUB OUT THE LUNCH BAG** daily to remove food residue. For small cleanups, use antibacterial detergent; for larger messes you need a diluted bleach solution (1 tsp. bleach to 1 quart water).
- ✓ **HIGH-PROTEIN FOODS**, such as chicken and yogurt, spoil quickest without refrigeration. Throw them out after school.
- ✓ **REMIND YOUR CHILD** to wash her hands before she eats so that paint or dirt from the morning's activities doesn't work its way into her food.

From "Child" magazine, September 2000



### Parent Articles

Each month, information about the Montessori method of education will be included in the newsletter. This month articles are about "Montessori in the Home". Also included this month is general information about Maria Montessori.



### Sick...again

If it seems like your preschooler is always catching a cold, it's not your imagination. A recent study found that kids 2 to 5 years old suffer from more colds than does any other age group. During a five-month period, they averaged 2.6 colds, while children over 5 suffered from only about one cold in the same time frame.



### Parent Support Group

We have a wonderful group of parents at our school who help us in many ways. One of these ways is the Parent Support Group (PSG). In the past, they have put together our yearbook, ordered t-shirts, organized a raffle, and many other things. Many thanks to all the parents who donated their time and energy to the PSG last year. The PSG President for the 2011/2012 school year is Alyssa Eisele. PSG meetings are a good way to get to know the other parents and to be involved in your child's school. The next PSG meeting is Wednesday, September 14<sup>th</sup> at 6 PM at the **NORTH** campus.



### What is the PSG?

Our school has a great volunteer parent group known as the PSG (Parent Support Group). All the monies raised by the PSG are used for special school events and classroom materials. All parents are members of the PSG and there are several ways to be involved:

1. Chair an event or assist the chairperson.
2. Donate items as needed for events.
3. Annual contributions of \$100.
4. Come to monthly meetings and share your ideas!

The annual contributions are used for Guest Speakers and classroom materials.



*To the Valdez/Senger Family on the birth of Collin Matthew*

# Thank you!

To the **Parent Support Group** for pizza and water at the open house

To the **Baldwin** family for a tricycle, nuts and bolts

To the **Bartel** family for a book and trampoline for the south preschool/kindergarten class

To the **Brown** family for a collection of classroom materials for the north campus

To the **Davis** family for straws at the south campus

To the **Edgin** family for a watermelon and for taking pictures on the first day of school at the north campus

To the **Hebert** family for straws and a dish set for the north campus preschool/ kindergarten

To the **Karsten** family for fabric for button sewing at the north campus

To the **McElhanev** family for a clock and straws for the south campus

To the **Prall** family for fruit and veggie work for the classroom and coloring books for the north campus

To the **Silliman** family for setting up the fish tank, and dry erase markers & sharpies for the north campus

To the **Wright** family for straws for the south preschool/kindergarten class

To **all the families** who sent in extra supplies for all the classrooms!



## General Mills Box Tops

You may turn in all the General Mills box tops you have collected to date.

Please continue to save your General Mills Box Tops throughout the school year. Pam Silliman, Cassidy's mom, is continuing to collect them. The school can earn \$ for each returned box top.

Also visit [www.boxtopsforeducation.com](http://www.boxtopsforeducation.com)

There you can shop directly with Oriental Trading, Eddie Bauer, Nordstrom, Staples, Discovery Store, and many, many others. Each store gives a percentage of your purchase directly to the school through Boxtops for education. Sign up to join the Sunrise Team today!



## Fry's Cool Cash

Information on Fry's Cool cash has already been sent home. Please register your family and encourage friends, neighbors, and other family members to use the Fry's Cool Cash bar code to earn \$\$ for our school. Last school year we collected over \$1000.



## Cartridges for Sunrise Montessori!

How many cartridges end up in landfills worldwide? 822,000 per day!

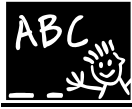
How can you help? Gather lots of cartridges & bring them into the school.

How can you easily do that? Simple! Ask for cartridges wherever you go - banks, stores, dentist & doctor offices, etc.

Please send in cartridges! It is an easy way for the PSG to make some money and we are saving the environment at the same time. This school year, Angie Casey, will again coordinate the donation of cartridges.

"Never help a child with a task at which he feels he can succeed."

*Maria Montessori*



## What Young Children Need to

### Succeed – Ideas for Parents

- ❖ Model your commitment to learning.
- ❖ Be aware of what is going on at your child's school. Your interest will help children bond with their school.
- ❖ Know what your children are learning in school. Plan ways for them to learn more about the areas they enjoy. Focus on children's accomplishments and attitudes instead of just their grades.
- ❖ Allow time for supervised learning in your family schedule. Older children can complete their homework while younger children participate in fun learning activities.
- ❖ Take family trips to interesting places such as a park or museum.
- ❖ Have regular family reading times. Encourage young children to read along with you. Enjoy some quiet time at the local library.



### Car Seat Usage

Here are some statistics about car seat usage for children.

1. Less than 25% of 4 year olds and almost no 7 year olds use one. But an adult seat belt will not fit properly until a child is at least 4' 9" tall and weighs 80 pounds.
  2. Children under 40 pounds are safest in car seats with a complete harness system. Children over 40 pounds can ride in a booster seat.
  3. Contact the U. S. Department of Transportation to help you find the correct car seat for your child's age and size at [www.nhtsa.dot.gov](http://www.nhtsa.dot.gov)
- Arizona law requires children 5 and under to be in a car seat or booster seat.

**Please** keep your child buckled in his car seat until the teachers come to get him out of the car.



### Save the Dates!

Plan for these upcoming events:



### School Pictures

School Pictures are coming soon! All south campus pictures will be taken on Tuesday, October 4<sup>th</sup>. North campus toddler and preschool pictures will be on Wednesday, October 5<sup>th</sup>. North campus kindergarten and elementary will have their pictures taken on Thursday, October 6<sup>th</sup>.

Information on ordering pictures will be sent home later this month.



### School Picnic

The school picnic will be on Sunday November 6<sup>th</sup> at Rio Vista Park from 1 to 4 PM. Please plan on attending and maybe even grilling, setting up, or cleaning up.



### Cancer Support Group at Circle of Peace Church.

Greg Bowman, Community Connector for Circle of Peace, is starting a cancer support group at the church (home of our north campus). If you are interested, please call Greg at 602-881-0158.

*"The ones we love the most are not those who give us something we did not have before, but those who show us the richness of what we already possess."*

*Blaise Pascal,  
17<sup>th</sup> Century French  
mathematician, philosopher, &  
inventor of first digital calculator*





## Arizona State Tuition Tax Credit

For those who donated to The Arizona Scholarship Fund last year, THANK YOU!! You see the wisdom of your investment when you prepared your 2010 Arizona income tax return. For those who forgot or were unaware of the TAX CREDIT available to all Arizonans who pay state income tax, give now so you do not miss out on this opportunity for the 2011 tax year. This year, the public schools tax credit amount is \$250 and the private school tax credit is \$1000.

### IMPORTANT FACTS TO KNOW:

- 90% of tuition tax credit revenue must go toward tuition payments.
- Up to \$1000 can be given to the Foundation **each tax year** and receive a dollar for dollar state income tax credit.
- Money can be given in smaller amounts throughout the tax year.
- Any amount up to \$1000 can be given.
- The money can be split between two private schools.
- It is possible to assign \$1000 to a private school **and** up to \$250 to a public school.
- Generally speaking, an annual income of approximately \$28,000 will create a \$1000 state tax obligation.
- Even if you do not receive a refund from the state, you may still take advantage of this tax credit.
- This state tax credit is also deductible as a charitable contribution on federal taxes.
- Any questions? Call the school.
- Please contact The Arizona Scholarship Fund at (480) 497-4564 or visit their website at [www.azscholarships.org](http://www.azscholarships.org) to get a tax credit. State that you want the credit to be applied to Sunrise Montessori School.
- Withholding can be adjusted and the amount sent directly each month to the Arizona Scholarship Fund instead of to the Arizona Department of Revenue.
- These tax credits can only be used for kindergarten and elementary tuition.



## Cost of Education

In Arizona, public schools receive more than \$8800.00 per student, per school year. In addition, they receive bond money for buildings, maintenance, etc. Charter schools (privately run public schools) receive over \$7000.00 per student. They do not receive any bond money to help with buildings, etc. Our tuition for the elementary class is \$5750.00 per student per school year. Our elementary students also receive art (creating art and art history), music, PE, and Spanish. What a bargain!!



## **September Response Form**

- \_\_\_\_\_ Yes, I have turned in my school supplies.
- \_\_\_\_\_ Yes, I have turned in the supplies invoice for my elementary student.
- \_\_\_\_\_ Yes, I have turned in the field trip invoice (kindergarten & elementary).
- \_\_\_\_\_ Yes, I have turned in the pizza Friday money (elementary).
- \_\_\_\_\_ Yes, I will be attending the PSG meeting on Wednesday, September 14<sup>th</sup> at 6:00 PM at the north campus and I need childcare for \_\_\_\_\_ children.
- \_\_\_\_\_ Yes, I have turned in the signed field trip form for the kindergarten field trip to the Challenger Space Center.
- \_\_\_\_\_ Yes, I have turned in the signed field trip form for the lower elementary field trip to the Challenge Space Center.
- \_\_\_\_\_ Yes, I have turned in the signed field trip form for the upper elementary field trip to the Musical Instrument Museum.
- \_\_\_\_\_ Yes, I can help with the Kindergarten Cooking Day.  
\_\_\_\_\_ North Campus on Monday, September 12<sup>th</sup>.  
\_\_\_\_\_ South Campus on Tuesday, September 13<sup>th</sup>.
- \_\_\_\_\_ Yes, I have sent in PSG fees, yearbook order, t-shirt order, and volunteer sign-up sheet.
- \_\_\_\_\_ Yes, I have marked the dates of school pictures and the school picnic on my calendar.

Name: \_\_\_\_\_ Phone: (     ) \_\_\_\_\_

e-mail: \_\_\_\_\_

